

# Horaires des marées

Tide schedules / Gezeiten zeiten

# 2026



## Tailles minimales légales de capture de poissons et crustacés

|                              |               |
|------------------------------|---------------|
| <b>Araignée de mer</b>       | <b>12 cm</b>  |
| <b>Bar commun</b>            | <b>42 cm</b>  |
| <b>Barbue</b>                | <b>30 cm</b>  |
| <b>Bouquet</b>               | <b>5 cm</b>   |
| <b>Carrelet</b>              | <b>27 cm</b>  |
| <b>Congre</b>                | <b>60 cm</b>  |
| <b>Crevette grise</b>        | <b>3 cm</b>   |
| <b>Dorade</b>                | <b>23 cm</b>  |
| <b>Etrille</b>               | <b>6.5 cm</b> |
| <b>Flet</b>                  | <b>20 cm</b>  |
| <b>Hareng</b>                | <b>20 cm</b>  |
| <b>Homard</b>                |               |
| (longueur céphalothoracique) | <b>8.7 cm</b> |
| <b>Langoustine</b>           | <b>9 cm</b>   |
| <b>Lieu jaune</b>            | <b>30 cm</b>  |
| <b>Limande</b>               | <b>20 cm</b>  |
| <b>Limande sole</b>          | <b>25 cm</b>  |
| <b>Lotte</b>                 | <b>50 cm</b>  |
| <b>Maquereau</b>             | <b>20 cm</b>  |
| <b>Merlan</b>                | <b>27 cm</b>  |
| <b>Merlu</b>                 | <b>27 cm</b>  |
| <b>Morue</b>                 | <b>42 cm</b>  |
| <b>Moule</b>                 | <b>4 cm</b>   |
| <b>Mulet</b>                 | <b>30 cm</b>  |
| <b>Oursin</b>                | <b>4 cm</b>   |
| <b>Rouget barbet</b>         | <b>15 cm</b>  |
| <b>Saumon</b>                | <b>50 cm</b>  |
| <b>Sole</b>                  | <b>24 cm</b>  |
| <b>Tourteau</b>              | <b>14 cm</b>  |
| <b>Truite de mer</b>         | <b>35 cm</b>  |
| <b>Turbot</b>                | <b>30 cm</b>  |

**Ne manquez pas le marché aux poissons  
sur la plage de Quiberville sur Mer!**



# JANVIER

## JANUARY/JANUAR

| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 J    | 09:28                              | 8.56       | 69   | 22:01                            | 8.64       | 74   | 03:44                              | 2.01       | 16:21                            | 1.74       |
| 2 V    | 10:26                              | 8.95       | 79   | 22:57                            | 9.02       | 84   | 04:49                              | 1.70       | 17:24                            | 1.38       |
| ○ 3 S  | 11:19                              | 9.27       | 88   | 23:49                            | 9.30       | 91   | 05:49                              | 1.44       | 18:23                            | 1.09       |
| 4 D    | 12:09                              | 9.47       | 94   | --:--                            | ---        | ---  | 06:45                              | 1.25       | 19:17                            | 0.90       |
| 5 L    | 00:38                              | 9.44       | 95   | 12:57                            | 9.54       | 96   | 07:38                              | 1.15       | 20:07                            | 0.83       |
| 6 M    | 01:24                              | 9.43       | 95   | 13:42                            | 9.45       | 93   | 08:25                              | 1.17       | 20:52                            | 0.92       |
| 7 M    | 02:09                              | 9.28       | 91   | 14:25                            | 9.22       | 87   | 09:07                              | 1.32       | 21:31                            | 1.16       |
| 8 J    | 02:51                              | 9.00       | 82   | 15:07                            | 8.86       | 77   | 09:46                              | 1.59       | 22:07                            | 1.51       |
| 9 V    | 03:32                              | 8.63       | 72   | 15:49                            | 8.42       | 66   | 10:21                              | 1.93       | 22:41                            | 1.93       |
| ● 10 S | 04:14                              | 8.20       | 60   | 16:32                            | 7.92       | 54   | 10:58                              | 2.31       | 23:18                            | 2.37       |
| 11 D   | 04:59                              | 7.76       | 49   | 17:23                            | 7.44       | 44   | 11:40                              | 2.69       | --:--                            | ---        |
| 12 L   | 05:55                              | 7.37       | 39   | 18:26                            | 7.07       | 36   | 00:02                              | 2.79       | 12:33                            | 3.02       |
| 13 M   | 07:02                              | 7.15       | 35   | 19:38                            | 6.96       | 35   | 01:00                              | 3.13       | 13:47                            | 3.18       |
| 14 M   | 08:14                              | 7.20       | 36   | 20:51                            | 7.15       | 39   | 02:25                              | 3.23       | 15:10                            | 3.01       |
| 15 J   | 09:19                              | 7.48       | 43   | 21:50                            | 7.53       | 47   | 03:39                              | 2.98       | 16:09                            | 2.64       |
| 16 V   | 10:11                              | 7.86       | 52   | 22:37                            | 7.95       | 56   | 04:33                              | 2.62       | 16:58                            | 2.26       |
| 17 S   | 10:54                              | 8.24       | 61   | 23:18                            | 8.32       | 65   | 05:19                              | 2.27       | 17:42                            | 1.93       |
| ● 18 D | 11:34                              | 8.55       | 69   | 23:57                            | 8.61       | 73   | 06:01                              | 1.99       | 18:22                            | 1.66       |
| 19 L   | 12:11                              | 8.80       | 76   | --:--                            | ---        | ---  | 06:39                              | 1.77       | 19:01                            | 1.45       |
| 20 M   | 00:33                              | 8.83       | 79   | 12:48                            | 8.98       | 81   | 07:17                              | 1.61       | 19:39                            | 1.29       |
| 21 M   | 01:10                              | 8.98       | 83   | 13:24                            | 9.08       | 84   | 07:54                              | 1.50       | 20:16                            | 1.21       |
| 22 J   | 01:46                              | 9.03       | 85   | 14:01                            | 9.09       | 85   | 08:30                              | 1.46       | 20:52                            | 1.22       |
| 23 V   | 02:22                              | 8.99       | 84   | 14:38                            | 8.99       | 82   | 09:06                              | 1.51       | 21:26                            | 1.33       |
| 24 S   | 02:59                              | 8.86       | 80   | 15:17                            | 8.78       | 76   | 09:42                              | 1.66       | 22:02                            | 1.55       |
| 25 D   | 03:38                              | 8.63       | 73   | 15:58                            | 8.48       | 68   | 10:22                              | 1.89       | 22:43                            | 1.86       |
| ● 26 L | 04:21                              | 8.33       | 64   | 16:46                            | 8.10       | 59   | 11:09                              | 2.18       | 23:33                            | 2.23       |
| 27 M   | 05:14                              | 7.96       | 54   | 17:47                            | 7.69       | 50   | 12:08                              | 2.49       | --:--                            | ---        |
| 28 M   | 06:25                              | 7.64       | 47   | 19:12                            | 7.46       | 47   | 00:38                              | 2.58       | 13:24                            | 2.65       |
| 29 J   | 07:57                              | 7.63       | 49   | 20:45                            | 7.70       | 52   | 02:02                              | 2.70       | 14:52                            | 2.49       |
| 30 V   | 09:19                              | 8.03       | 58   | 21:56                            | 8.22       | 65   | 03:28                              | 2.46       | 16:11                            | 2.05       |
| 31 S   | 10:22                              | 8.57       | 72   | 22:54                            | 8.77       | 78   | 04:42                              | 2.01       | 17:20                            | 1.54       |

● **PREMIER QUARTIER**  
First quarter moon  
Erste Nachbarschaft

● **NOUVELLE LUNE**  
New moon  
Neumond

● **DERNIER QUARTIER**  
Last quarter moon  
Letztes Mondviertel

○ **PLEINE LUNE**  
Full moon  
Vollmond



# FÉVRIER

## FEBRUARY/FEBRUAR

| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| ○ 1 D  | 11:15                              | 9.05       | 84   | 23:43                            | 9.19       | 89   | 05:47                              | 1.57       | 18:21                            | 1.11       |
| 2 L    | 12:02                              | 9.39       | 94   | --:--                            | ---        | ---  | 06:42                              | 1.22       | 19:12                            | 0.82       |
| 3 M    | 00:28                              | 9.43       | 97   | 12:45                            | 9.56       | 99   | 07:29                              | 1.02       | 19:55                            | 0.70       |
| 4 M    | 01:09                              | 9.51       | 99   | 13:25                            | 9.56       | 99   | 08:10                              | 0.96       | 20:33                            | 0.75       |
| 5 J    | 01:47                              | 9.43       | 97   | 14:02                            | 9.40       | 94   | 08:45                              | 1.07       | 21:05                            | 0.97       |
| 6 V    | 02:23                              | 9.22       | 90   | 14:37                            | 9.09       | 84   | 09:16                              | 1.31       | 21:33                            | 1.30       |
| 7 S    | 02:56                              | 8.88       | 79   | 15:10                            | 8.65       | 73   | 09:43                              | 1.65       | 21:58                            | 1.73       |
| 8 D    | 03:27                              | 8.45       | 66   | 15:41                            | 8.12       | 59   | 10:11                              | 2.06       | 22:26                            | 2.21       |
| ● 9 L  | 03:59                              | 7.93       | 52   | 16:16                            | 7.52       | 46   | 10:45                              | 2.53       | 23:02                            | 2.77       |
| 10 M   | 04:37                              | 7.35       | 39   | 17:06                            | 6.89       | 33   | 11:29                              | 3.05       | 23:50                            | 3.32       |
| 11 M   | 05:42                              | 6.78       | 28   | 18:36                            | 6.47       | 25   | 12:29                              | 3.48       | --:--                            | ---        |
| 12 J   | 07:21                              | 6.57       | 25   | 20:14                            | 6.58       | 28   | 01:06                              | 3.72       | 14:17                            | 3.54       |
| 13 V   | 08:50                              | 6.89       | 33   | 21:30                            | 7.11       | 39   | 03:05                              | 3.53       | 15:41                            | 3.07       |
| 14 S   | 09:52                              | 7.46       | 45   | 22:20                            | 7.74       | 52   | 04:10                              | 2.96       | 16:36                            | 2.49       |
| 15 D   | 10:37                              | 8.06       | 59   | 23:01                            | 8.30       | 65   | 05:00                              | 2.39       | 17:23                            | 1.97       |
| 16 L   | 11:17                              | 8.56       | 71   | 23:39                            | 8.73       | 77   | 05:44                              | 1.92       | 18:07                            | 1.55       |
| ● 17 M | 11:54                              | 8.95       | 82   | --:--                            | ---        | ---  | 06:25                              | 1.57       | 18:48                            | 1.22       |
| 18 M   | 00:15                              | 9.06       | 87   | 12:30                            | 9.23       | 91   | 07:04                              | 1.31       | 19:27                            | 0.98       |
| 19 J   | 00:50                              | 9.28       | 94   | 13:06                            | 9.42       | 96   | 07:41                              | 1.13       | 20:03                            | 0.84       |
| 20 V   | 01:25                              | 9.40       | 97   | 13:42                            | 9.48       | 97   | 08:17                              | 1.04       | 20:36                            | 0.84       |
| 21 S   | 02:01                              | 9.40       | 96   | 14:18                            | 9.39       | 94   | 08:51                              | 1.08       | 21:08                            | 0.98       |
| 22 D   | 02:37                              | 9.25       | 91   | 14:55                            | 9.13       | 86   | 09:24                              | 1.26       | 21:40                            | 1.29       |
| 23 L   | 03:13                              | 8.94       | 81   | 15:34                            | 8.69       | 74   | 10:00                              | 1.58       | 22:18                            | 1.74       |
| ● 24 M | 03:54                              | 8.47       | 67   | 16:20                            | 8.10       | 60   | 10:44                              | 2.03       | 23:07                            | 2.30       |
| 25 M   | 04:44                              | 7.86       | 52   | 17:22                            | 7.45       | 46   | 11:43                              | 2.52       | --:--                            | ---        |
| 26 J   | 05:59                              | 7.28       | 41   | 19:03                            | 7.08       | 39   | 00:14                              | 2.84       | 13:04                            | 2.86       |
| 27 V   | 07:54                              | 7.23       | 42   | 20:47                            | 7.45       | 47   | 01:48                              | 3.03       | 14:45                            | 2.70       |
| 28 S   | 09:19                              | 7.80       | 55   | 21:54                            | 8.14       | 62   | 03:27                              | 2.66       | 16:14                            | 2.11       |

● **PREMIER QUARTIER**  
First quarter moon  
Erste Nachbarschaft

● **NOUVELLE LUNE**  
New moon  
Neumond



| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 D    | 10:17                              | 8.47       | 70   | 22:46                            | 8.76       | 78   | 04:45                              | 2.03       | 17:21                            | 1.49       |
| 2 L    | 11:05                              | 9.01       | 84   | 23:31                            | 9.19       | 90   | 05:45                              | 1.48       | 18:14                            | 1.04       |
| ○ 3 M  | 11:47                              | 9.35       | 94   | --:--                            | ---        | ---  | 06:32                              | 1.12       | 18:57                            | 0.80       |
| 4 M    | 00:10                              | 9.42       | 97   | 12:25                            | 9.50       | 99   | 07:12                              | 0.95       | 19:33                            | 0.73       |
| 5 J    | 00:46                              | 9.49       | 99   | 13:00                            | 9.51       | 99   | 07:46                              | 0.92       | 20:04                            | 0.80       |
| 6 V    | 01:19                              | 9.43       | 97   | 13:33                            | 9.38       | 94   | 08:15                              | 1.01       | 20:31                            | 0.98       |
| 7 S    | 01:50                              | 9.26       | 91   | 14:04                            | 9.11       | 86   | 08:42                              | 1.21       | 20:55                            | 1.28       |
| 8 D    | 02:19                              | 8.97       | 81   | 14:33                            | 8.72       | 75   | 09:06                              | 1.51       | 21:19                            | 1.67       |
| 9 L    | 02:46                              | 8.56       | 69   | 14:59                            | 8.22       | 62   | 09:32                              | 1.91       | 21:44                            | 2.16       |
| 10 M   | 03:11                              | 8.06       | 55   | 15:27                            | 7.64       | 48   | 10:01                              | 2.39       | 22:15                            | 2.74       |
| ● 11 M | 03:42                              | 7.46       | 41   | 16:06                            | 6.98       | 34   | 10:38                              | 2.95       | 22:58                            | 3.35       |
| 12 J   | 04:28                              | 6.77       | 28   | 17:19                            | 6.35       | 23   | 11:33                              | 3.47       | --:--                            | ---        |
| 13 V   | 06:18                              | 6.27       | 21   | 19:30                            | 6.32       | 23   | 00:05                              | 3.84       | 13:05                            | 3.73       |
| 14 S   | 08:12                              | 6.55       | 28   | 20:56                            | 6.91       | 35   | 02:15                              | 3.81       | 15:01                            | 3.30       |
| 15 D   | 09:20                              | 7.23       | 42   | 21:49                            | 7.65       | 50   | 03:37                              | 3.13       | 16:03                            | 2.60       |
| 16 L   | 10:08                              | 7.96       | 58   | 22:32                            | 8.31       | 66   | 04:29                              | 2.42       | 16:53                            | 1.96       |
| 17 M   | 10:49                              | 8.57       | 73   | 23:10                            | 8.83       | 80   | 05:15                              | 1.84       | 17:39                            | 1.45       |
| 18 M   | 11:27                              | 9.04       | 87   | 23:48                            | 9.21       | 92   | 05:58                              | 1.41       | 18:22                            | 1.08       |
| ● 19 J | 12:05                              | 9.37       | 97   | --:--                            | ---        | ---  | 06:40                              | 1.12       | 19:02                            | 0.82       |
| 20 V   | 00:24                              | 9.46       | 101  | 12:41                            | 9.58       | 103  | 07:20                              | 0.92       | 19:40                            | 0.70       |
| 21 S   | 01:00                              | 9.61       | 104  | 13:19                            | 9.66       | 104  | 07:56                              | 0.83       | 20:14                            | 0.72       |
| 22 D   | 01:37                              | 9.62       | 103  | 13:57                            | 9.55       | 100  | 08:31                              | 0.87       | 20:47                            | 0.90       |
| 23 L   | 02:14                              | 9.43       | 95   | 14:36                            | 9.23       | 89   | 09:06                              | 1.07       | 21:21                            | 1.27       |
| 24 M   | 02:53                              | 9.03       | 82   | 15:17                            | 8.69       | 74   | 09:45                              | 1.46       | 22:02                            | 1.81       |
| ● 25 M | 03:35                              | 8.43       | 66   | 16:06                            | 7.98       | 57   | 10:31                              | 1.99       | 22:54                            | 2.45       |
| 26 J   | 04:29                              | 7.69       | 49   | 17:14                            | 7.27       | 43   | 11:33                              | 2.55       | --:--                            | ---        |
| 27 V   | 05:55                              | 7.09       | 39   | 19:09                            | 7.05       | 39   | 00:08                              | 2.97       | 12:59                            | 2.86       |
| 28 S   | 07:52                              | 7.20       | 43   | 20:38                            | 7.54       | 49   | 01:46                              | 3.04       | 14:43                            | 2.61       |
| 29 D   | 10:07                              | 7.81       | 56   | 22:39                            | 8.21       | 63   | 04:25                              | 2.53       | 17:06                            | 1.99       |
| 30 L   | 11:01                              | 8.44       | 70   | 23:27                            | 8.77       | 77   | 05:34                              | 1.89       | 18:05                            | 1.44       |
| 31 M   | 11:45                              | 8.90       | 82   | --:--                            | ---        | ---  | 06:26                              | 1.43       | 18:51                            | 1.12       |

● **DERNIER QUARTIER**  
Last quarter moon  
Letztes Mondviertel

○ **PLEINE LUNE**  
Full moon  
Vollmond



**AVRIL**  
APRIL/APRIL

| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 M    | 00:08                              | 9.11       | 86   | 12:24                            | 9.16       | 89   | 07:08                              | 1.19       | 19:29                            | 1.00       |
| ○ 2 J  | 00:44                              | 9.26       | 92   | 12:59                            | 9.26       | 93   | 07:43                              | 1.10       | 20:01                            | 0.98       |
| 3 V    | 01:17                              | 9.30       | 93   | 13:32                            | 9.25       | 93   | 08:13                              | 1.08       | 20:29                            | 1.04       |
| 4 S    | 01:48                              | 9.25       | 91   | 14:03                            | 9.16       | 89   | 08:42                              | 1.13       | 20:56                            | 1.17       |
| 5 D    | 02:17                              | 9.13       | 86   | 14:32                            | 8.95       | 82   | 09:09                              | 1.27       | 21:22                            | 1.42       |
| 6 L    | 02:45                              | 8.89       | 78   | 15:01                            | 8.63       | 73   | 09:35                              | 1.52       | 21:46                            | 1.77       |
| 7 M    | 03:12                              | 8.54       | 68   | 15:28                            | 8.21       | 62   | 10:01                              | 1.86       | 22:12                            | 2.20       |
| 8 M    | 03:39                              | 8.09       | 56   | 15:58                            | 7.71       | 50   | 10:29                              | 2.29       | 22:43                            | 2.71       |
| 9 J    | 04:11                              | 7.55       | 43   | 16:37                            | 7.14       | 37   | 11:02                              | 2.77       | 23:24                            | 3.23       |
| ● 10 V | 04:56                              | 6.93       | 32   | 17:38                            | 6.58       | 27   | 11:52                              | 3.24       | --:--                            | ---        |
| 11 S   | 06:19                              | 6.42       | 25   | 19:37                            | 6.45       | 26   | 00:27                              | 3.65       | 13:15                            | 3.52       |
| 12 D   | 08:17                              | 6.56       | 29   | 21:02                            | 6.94       | 35   | 02:12                              | 3.68       | 15:03                            | 3.25       |
| 13 L   | 09:30                              | 7.17       | 42   | 22:03                            | 7.62       | 50   | 03:44                              | 3.11       | 16:14                            | 2.60       |
| 14 M   | 10:25                              | 7.87       | 58   | 22:51                            | 8.29       | 66   | 04:42                              | 2.41       | 17:09                            | 1.97       |
| 15 M   | 11:11                              | 8.50       | 73   | 23:34                            | 8.82       | 81   | 05:33                              | 1.83       | 17:58                            | 1.47       |
| 16 J   | 11:54                              | 8.99       | 87   | --:--                            | ---        | ---  | 06:21                              | 1.40       | 18:46                            | 1.11       |
| ● 17 V | 00:15                              | 9.22       | 93   | 12:35                            | 9.34       | 97   | 07:08                              | 1.10       | 19:31                            | 0.89       |
| 18 S   | 00:54                              | 9.49       | 101  | 13:15                            | 9.56       | 104  | 07:52                              | 0.91       | 20:12                            | 0.79       |
| 19 D   | 01:34                              | 9.65       | 105  | 13:56                            | 9.63       | 104  | 08:34                              | 0.80       | 20:51                            | 0.82       |
| 20 L   | 02:14                              | 9.64       | 102  | 14:38                            | 9.51       | 99   | 09:14                              | 0.83       | 21:29                            | 1.02       |
| 21 M   | 02:55                              | 9.42       | 94   | 15:21                            | 9.17       | 88   | 09:54                              | 1.04       | 22:09                            | 1.39       |
| 22 M   | 03:38                              | 8.98       | 81   | 16:07                            | 8.62       | 73   | 10:38                              | 1.42       | 22:56                            | 1.90       |
| 23 J   | 04:26                              | 8.37       | 65   | 17:02                            | 7.97       | 58   | 11:29                              | 1.91       | 23:54                            | 2.43       |
| ● 24 V | 05:26                              | 7.70       | 51   | 18:17                            | 7.42       | 46   | 12:33                              | 2.38       | --:--                            | ---        |
| 25 S   | 06:54                              | 7.27       | 44   | 19:51                            | 7.33       | 44   | 01:07                              | 2.79       | 13:53                            | 2.59       |
| 26 D   | 08:26                              | 7.38       | 47   | 21:09                            | 7.68       | 51   | 02:34                              | 2.76       | 15:21                            | 2.41       |
| 27 L   | 09:37                              | 7.81       | 56   | 22:08                            | 8.16       | 61   | 03:57                              | 2.38       | 16:34                            | 2.00       |
| 28 M   | 10:31                              | 8.26       | 66   | 22:56                            | 8.57       | 71   | 05:01                              | 1.94       | 17:30                            | 1.66       |
| 29 M   | 11:16                              | 8.59       | 74   | 23:37                            | 8.82       | 77   | 05:51                              | 1.64       | 18:14                            | 1.47       |
| 30 J   | 11:55                              | 8.77       | 80   | --:--                            | ---        | ---  | 06:32                              | 1.48       | 18:51                            | 1.39       |

● **PREMIER QUARTIER**  
First quarter moon  
Erste Nachbarschaft

● **NOUVELLE LUNE**  
New moon  
Neumond



| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| ○ 1 V  | 00:13                              | 8.94       | 81   | 12:30                            | 8.85       | 82   | 07:06                              | 1.41       | 19:23                            | 1.37       |
| 2 S    | 00:46                              | 8.97       | 82   | 13:03                            | 8.86       | 82   | 07:39                              | 1.36       | 19:54                            | 1.39       |
| 3 D    | 01:17                              | 8.96       | 82   | 13:34                            | 8.82       | 80   | 08:10                              | 1.36       | 20:25                            | 1.47       |
| 4 L    | 01:47                              | 8.88       | 78   | 14:06                            | 8.70       | 76   | 08:41                              | 1.44       | 20:54                            | 1.65       |
| 5 M    | 02:18                              | 8.71       | 73   | 14:37                            | 8.48       | 69   | 09:10                              | 1.61       | 21:22                            | 1.91       |
| 6 M    | 02:47                              | 8.45       | 66   | 15:08                            | 8.18       | 62   | 09:38                              | 1.86       | 21:51                            | 2.22       |
| 7 J    | 03:18                              | 8.10       | 57   | 15:42                            | 7.82       | 53   | 10:09                              | 2.17       | 22:24                            | 2.58       |
| 8 V    | 03:54                              | 7.68       | 48   | 16:23                            | 7.41       | 44   | 10:46                              | 2.52       | 23:06                            | 2.93       |
| ● 9 S  | 04:41                              | 7.24       | 40   | 17:20                            | 7.04       | 37   | 11:33                              | 2.85       | --:--                            | ---        |
| 10 D   | 05:49                              | 6.90       | 35   | 18:43                            | 6.92       | 35   | 00:03                              | 3.21       | 12:41                            | 3.04       |
| 11 L   | 07:17                              | 6.92       | 36   | 20:01                            | 7.19       | 40   | 01:23                              | 3.24       | 14:06                            | 2.93       |
| 12 M   | 08:29                              | 7.30       | 45   | 21:05                            | 7.68       | 51   | 02:45                              | 2.90       | 15:19                            | 2.51       |
| 13 M   | 09:31                              | 7.82       | 57   | 22:02                            | 8.22       | 64   | 03:50                              | 2.39       | 16:19                            | 2.03       |
| 14 J   | 10:27                              | 8.35       | 70   | 22:53                            | 8.71       | 77   | 04:47                              | 1.90       | 17:14                            | 1.61       |
| 15 V   | 11:17                              | 8.81       | 83   | 23:41                            | 9.10       | 88   | 05:40                              | 1.51       | 18:07                            | 1.31       |
| ● 16 S | 12:05                              | 9.16       | 92   | --:--                            | ---        | ---  | 06:33                              | 1.23       | 18:57                            | 1.11       |
| 17 D   | 00:26                              | 9.38       | 96   | 12:52                            | 9.39       | 98   | 07:24                              | 1.02       | 19:46                            | 1.01       |
| 18 L   | 01:11                              | 9.53       | 99   | 13:38                            | 9.48       | 99   | 08:13                              | 0.89       | 20:33                            | 1.02       |
| 19 M   | 01:57                              | 9.53       | 97   | 14:24                            | 9.39       | 95   | 09:01                              | 0.88       | 21:19                            | 1.16       |
| 20 M   | 02:42                              | 9.35       | 91   | 15:12                            | 9.12       | 87   | 09:49                              | 1.02       | 22:06                            | 1.43       |
| 21 J   | 03:30                              | 8.99       | 81   | 16:02                            | 8.71       | 76   | 10:38                              | 1.30       | 22:57                            | 1.78       |
| 22 V   | 04:22                              | 8.51       | 70   | 16:58                            | 8.24       | 64   | 11:30                              | 1.67       | 23:53                            | 2.14       |
| ● 23 S | 05:21                              | 8.02       | 59   | 18:03                            | 7.84       | 55   | 12:27                              | 2.02       | --:--                            | ---        |
| 24 D   | 06:30                              | 7.67       | 52   | 19:14                            | 7.66       | 51   | 00:54                              | 2.40       | 13:29                            | 2.25       |
| 25 L   | 07:43                              | 7.56       | 50   | 20:23                            | 7.71       | 51   | 02:00                              | 2.49       | 14:37                            | 2.32       |
| 26 M   | 08:51                              | 7.66       | 53   | 21:25                            | 7.92       | 55   | 03:09                              | 2.41       | 15:43                            | 2.24       |
| 27 M   | 09:51                              | 7.87       | 57   | 22:18                            | 8.16       | 60   | 04:12                              | 2.22       | 16:41                            | 2.09       |
| 28 J   | 10:41                              | 8.09       | 62   | 23:03                            | 8.36       | 65   | 05:06                              | 2.04       | 17:29                            | 1.96       |
| 29 V   | 11:24                              | 8.26       | 67   | 23:42                            | 8.49       | 68   | 05:51                              | 1.88       | 18:11                            | 1.86       |
| 30 S   | 12:03                              | 8.37       | 70   | --:--                            | ---        | ---  | 06:31                              | 1.77       | 18:49                            | 1.79       |
| ○ 31 D | 00:17                              | 8.57       | 70   | 12:38                            | 8.45       | 71   | 07:08                              | 1.67       | 19:25                            | 1.75       |

● **DERNIER QUARTIER**  
Last quarter moon  
Letztes Mondviertel

○ **PLEINE LUNE**  
Full moon  
Vollmond



| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 L    | 00:51                              | 8.62       | 71   | 13:12                            | 8.49       | 71   | 07:44                              | 1.61       | 19:59                            | 1.76       |
| 2 M    | 01:25                              | 8.62       | 71   | 13:47                            | 8.49       | 70   | 08:18                              | 1.62       | 20:33                            | 1.83       |
| 3 M    | 01:59                              | 8.56       | 69   | 14:21                            | 8.42       | 68   | 08:51                              | 1.68       | 21:04                            | 1.95       |
| 4 J    | 02:32                              | 8.43       | 66   | 14:56                            | 8.28       | 64   | 09:23                              | 1.79       | 21:37                            | 2.10       |
| 5 V    | 03:08                              | 8.24       | 62   | 15:33                            | 8.08       | 59   | 09:57                              | 1.95       | 22:12                            | 2.28       |
| 6 S    | 03:46                              | 8.00       | 57   | 16:14                            | 7.85       | 54   | 10:35                              | 2.15       | 22:53                            | 2.48       |
| 7 D    | 04:31                              | 7.74       | 52   | 17:03                            | 7.65       | 50   | 11:19                              | 2.34       | 23:42                            | 2.64       |
| ☾ 8 L  | 05:23                              | 7.54       | 48   | 18:00                            | 7.53       | 47   | 12:12                              | 2.49       | --:--                            | ---        |
| 9 M    | 06:25                              | 7.46       | 47   | 19:03                            | 7.58       | 47   | 00:42                              | 2.71       | 13:15                            | 2.52       |
| 10 M   | 07:31                              | 7.55       | 49   | 20:08                            | 7.79       | 52   | 01:50                              | 2.63       | 14:23                            | 2.41       |
| 11 J   | 08:37                              | 7.80       | 55   | 21:12                            | 8.11       | 60   | 02:57                              | 2.39       | 15:29                            | 2.17       |
| 12 V   | 09:43                              | 8.14       | 64   | 22:14                            | 8.48       | 69   | 04:02                              | 2.07       | 16:33                            | 1.88       |
| 13 S   | 10:45                              | 8.52       | 74   | 23:12                            | 8.85       | 79   | 05:04                              | 1.73       | 17:33                            | 1.61       |
| 14 D   | 11:42                              | 8.88       | 83   | --:--                            | ---        | ---  | 06:04                              | 1.42       | 18:31                            | 1.40       |
| ● 15 L | 00:05                              | 9.15       | 87   | 12:35                            | 9.16       | 90   | 07:03                              | 1.18       | 19:27                            | 1.25       |
| 16 M   | 00:55                              | 9.35       | 93   | 13:25                            | 9.32       | 94   | 08:00                              | 0.99       | 20:22                            | 1.17       |
| 17 M   | 01:45                              | 9.43       | 95   | 14:15                            | 9.35       | 94   | 08:55                              | 0.89       | 21:14                            | 1.17       |
| 18 J   | 02:33                              | 9.37       | 93   | 15:04                            | 9.23       | 90   | 09:46                              | 0.91       | 22:04                            | 1.28       |
| 19 V   | 03:22                              | 9.16       | 87   | 15:53                            | 8.98       | 83   | 10:34                              | 1.07       | 22:52                            | 1.49       |
| 20 S   | 04:11                              | 8.84       | 79   | 16:42                            | 8.64       | 74   | 11:20                              | 1.34       | 23:38                            | 1.77       |
| ☾ 21 D | 05:01                              | 8.44       | 69   | 17:33                            | 8.27       | 64   | 12:05                              | 1.70       | --:--                            | ---        |
| 22 L   | 05:53                              | 8.03       | 59   | 18:27                            | 7.93       | 55   | 00:24                              | 2.08       | 12:50                            | 2.06       |
| 23 M   | 06:51                              | 7.66       | 51   | 19:26                            | 7.67       | 48   | 01:14                              | 2.36       | 13:41                            | 2.39       |
| 24 M   | 07:55                              | 7.43       | 47   | 20:30                            | 7.57       | 46   | 02:10                              | 2.57       | 14:41                            | 2.61       |
| 25 J   | 09:01                              | 7.38       | 46   | 21:32                            | 7.64       | 47   | 03:16                              | 2.63       | 15:48                            | 2.65       |
| 26 V   | 10:03                              | 7.50       | 49   | 22:28                            | 7.81       | 51   | 04:21                              | 2.53       | 16:48                            | 2.53       |
| 27 S   | 10:56                              | 7.72       | 54   | 23:15                            | 8.02       | 56   | 05:15                              | 2.33       | 17:38                            | 2.34       |
| 28 D   | 11:41                              | 7.95       | 59   | 23:56                            | 8.22       | 61   | 06:02                              | 2.12       | 18:23                            | 2.16       |
| 29 L   | 12:21                              | 8.17       | 63   | --:--                            | ---        | ---  | 06:44                              | 1.93       | 19:03                            | 2.01       |
| ○ 30 M | 00:34                              | 8.38       | 65   | 12:58                            | 8.34       | 67   | 07:24                              | 1.79       | 19:41                            | 1.91       |

☾ PREMIER QUARTIER  
First quarter moon  
Erste Nachbarschaft

● NOUVELLE LUNE  
New moon  
Neumond



# JUILLET

## JULY/JULI

| Date | Plaines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|      | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 M  | 01:11                              | 8.51       | 69   | 13:35                            | 8.47       | 70   | 08:01                              | 1.68       | 20:17                            | 1.85       |
| 2 J  | 01:47                              | 8.59       | 71   | 14:11                            | 8.55       | 71   | 08:37                              | 1.62       | 20:51                            | 1.81       |
| 3 V  | 02:22                              | 8.62       | 72   | 14:46                            | 8.56       | 72   | 09:12                              | 1.59       | 21:26                            | 1.82       |
| 4 S  | 02:58                              | 8.58       | 71   | 15:22                            | 8.51       | 70   | 09:47                              | 1.62       | 22:01                            | 1.87       |
| 5 D  | 03:35                              | 8.48       | 69   | 16:00                            | 8.40       | 68   | 10:23                              | 1.71       | 22:38                            | 1.97       |
| 6 L  | 04:14                              | 8.33       | 66   | 16:39                            | 8.25       | 64   | 11:00                              | 1.85       | 23:19                            | 2.12       |
| 7 M  | 04:56                              | 8.14       | 61   | 17:23                            | 8.09       | 59   | 11:42                              | 2.03       | --:--                            | ---        |
| 8 M  | 05:44                              | 7.95       | 56   | 18:14                            | 7.94       | 54   | 00:06                              | 2.28       | 12:31                            | 2.22       |
| 9 J  | 06:41                              | 7.77       | 52   | 19:16                            | 7.85       | 52   | 01:03                              | 2.42       | 13:32                            | 2.39       |
| 10 V | 07:51                              | 7.70       | 52   | 20:29                            | 7.89       | 53   | 02:10                              | 2.46       | 14:44                            | 2.42       |
| 11 S | 09:09                              | 7.83       | 56   | 21:45                            | 8.14       | 60   | 03:25                              | 2.32       | 16:00                            | 2.26       |
| 12 D | 10:25                              | 8.17       | 65   | 22:54                            | 8.53       | 70   | 04:39                              | 2.01       | 17:10                            | 1.96       |
| 13 L | 11:29                              | 8.62       | 76   | 23:52                            | 8.94       | 81   | 05:46                              | 1.63       | 18:15                            | 1.65       |
| 14 M | 12:25                              | 9.02       | 86   | --:--                            | ---        | ---  | 06:51                              | 1.30       | 19:17                            | 1.38       |
| 15 M | 00:46                              | 9.27       | 90   | 13:17                            | 9.31       | 94   | 07:53                              | 1.01       | 20:16                            | 1.16       |
| 16 J | 01:35                              | 9.47       | 96   | 14:05                            | 9.45       | 98   | 08:48                              | 0.81       | 21:08                            | 1.04       |
| 17 V | 02:22                              | 9.52       | 98   | 14:50                            | 9.44       | 97   | 09:36                              | 0.75       | 21:53                            | 1.06       |
| 18 S | 03:06                              | 9.42       | 94   | 15:33                            | 9.27       | 91   | 10:19                              | 0.87       | 22:33                            | 1.24       |
| 19 D | 03:49                              | 9.15       | 86   | 16:14                            | 8.97       | 81   | 10:56                              | 1.16       | 23:08                            | 1.55       |
| 20 L | 04:30                              | 8.74       | 75   | 16:54                            | 8.56       | 69   | 11:29                              | 1.58       | 23:43                            | 1.93       |
| 21 M | 05:11                              | 8.24       | 63   | 17:36                            | 8.09       | 57   | 12:03                              | 2.04       | --:--                            | ---        |
| 22 M | 05:56                              | 7.70       | 50   | 18:25                            | 7.60       | 45   | 00:21                              | 2.35       | 12:42                            | 2.53       |
| 23 J | 06:53                              | 7.19       | 40   | 19:29                            | 7.21       | 37   | 01:08                              | 2.77       | 13:33                            | 2.98       |
| 24 V | 08:07                              | 6.89       | 35   | 20:44                            | 7.08       | 35   | 02:13                              | 3.07       | 14:50                            | 3.24       |
| 25 S | 09:27                              | 6.95       | 37   | 21:57                            | 7.27       | 40   | 03:39                              | 3.07       | 16:14                            | 3.11       |
| 26 D | 10:35                              | 7.29       | 44   | 22:55                            | 7.63       | 48   | 04:47                              | 2.77       | 17:14                            | 2.76       |
| 27 L | 11:26                              | 7.72       | 53   | 23:41                            | 8.02       | 57   | 05:40                              | 2.40       | 18:04                            | 2.39       |
| 28 M | 12:07                              | 8.12       | 61   | --:--                            | ---        | ---  | 06:26                              | 2.06       | 18:47                            | 2.09       |
| 29 M | 00:20                              | 8.37       | 65   | 12:44                            | 8.44       | 69   | 07:08                              | 1.79       | 19:26                            | 1.86       |
| 30 J | 00:57                              | 8.64       | 72   | 13:20                            | 8.69       | 75   | 07:47                              | 1.59       | 20:02                            | 1.68       |
| 31 V | 01:33                              | 8.83       | 78   | 13:55                            | 8.85       | 80   | 08:24                              | 1.42       | 20:37                            | 1.55       |

 **DERNIER QUARTIER**  
 Last quarter moon  
 Letztes Mondviertel

 **PLEINE LUNE**  
 Full moon  
 Vollmond



AUGUST/AUGUST

| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 S    | 02:07                              | 8.96       | 82   | 14:29                            | 8.95       | 83   | 08:59                              | 1.31       | 21:12                            | 1.48       |
| 2 D    | 02:41                              | 9.01       | 83   | 15:03                            | 8.97       | 83   | 09:32                              | 1.27       | 21:45                            | 1.48       |
| 3 L    | 03:16                              | 8.97       | 82   | 15:37                            | 8.90       | 80   | 10:04                              | 1.34       | 22:18                            | 1.58       |
| 4 M    | 03:52                              | 8.82       | 77   | 16:13                            | 8.73       | 74   | 10:36                              | 1.51       | 22:53                            | 1.76       |
| 5 M    | 04:29                              | 8.57       | 70   | 16:51                            | 8.47       | 66   | 11:12                              | 1.78       | 23:34                            | 2.04       |
| ● 6 J  | 05:12                              | 8.22       | 61   | 17:37                            | 8.13       | 57   | 11:55                              | 2.14       | --:--                            | ---        |
| 7 V    | 06:05                              | 7.81       | 52   | 18:38                            | 7.75       | 48   | 00:26                              | 2.36       | 12:54                            | 2.53       |
| 8 S    | 07:19                              | 7.46       | 46   | 20:01                            | 7.55       | 46   | 01:35                              | 2.63       | 14:13                            | 2.78       |
| 9 D    | 08:54                              | 7.47       | 48   | 21:35                            | 7.79       | 53   | 03:02                              | 2.62       | 15:43                            | 2.64       |
| 10 L   | 10:21                              | 7.95       | 59   | 22:49                            | 8.35       | 66   | 04:27                              | 2.25       | 17:01                            | 2.20       |
| 11 M   | 11:25                              | 8.57       | 74   | 23:46                            | 8.91       | 81   | 05:40                              | 1.74       | 18:11                            | 1.72       |
| ● 12 M | 12:18                              | 9.09       | 87   | --:--                            | ---        | ---  | 06:48                              | 1.28       | 19:14                            | 1.32       |
| 13 J   | 00:36                              | 9.35       | 93   | 13:05                            | 9.44       | 97   | 07:47                              | 0.92       | 20:07                            | 1.04       |
| 14 V   | 01:21                              | 9.60       | 100  | 13:48                            | 9.60       | 102  | 08:35                              | 0.72       | 20:52                            | 0.92       |
| 15 S   | 02:03                              | 9.67       | 102  | 14:28                            | 9.59       | 101  | 09:16                              | 0.70       | 21:30                            | 0.97       |
| 16 D   | 02:42                              | 9.57       | 98   | 15:05                            | 9.43       | 95   | 09:51                              | 0.88       | 22:02                            | 1.17       |
| 17 L   | 03:19                              | 9.30       | 90   | 15:40                            | 9.13       | 84   | 10:21                              | 1.20       | 22:31                            | 1.49       |
| 18 M   | 03:54                              | 8.88       | 78   | 16:13                            | 8.70       | 71   | 10:46                              | 1.62       | 22:58                            | 1.90       |
| 19 M   | 04:27                              | 8.34       | 64   | 16:45                            | 8.18       | 57   | 11:14                              | 2.12       | 23:31                            | 2.38       |
| ● 20 J | 05:01                              | 7.71       | 49   | 17:22                            | 7.57       | 42   | 11:47                              | 2.69       | --:--                            | ---        |
| 21 V   | 05:47                              | 7.05       | 36   | 18:20                            | 6.95       | 30   | 00:12                              | 2.91       | 12:34                            | 3.27       |
| 22 S   | 07:10                              | 6.53       | 27   | 19:56                            | 6.62       | 26   | 01:10                              | 3.39       | 13:47                            | 3.72       |
| 23 D   | 08:53                              | 6.55       | 28   | 21:29                            | 6.85       | 32   | 02:51                              | 3.55       | 15:44                            | 3.60       |
| 24 L   | 10:14                              | 7.05       | 38   | 22:34                            | 7.41       | 44   | 04:20                              | 3.14       | 16:53                            | 3.04       |
| 25 M   | 11:05                              | 7.68       | 51   | 23:20                            | 8.00       | 57   | 05:18                              | 2.57       | 17:43                            | 2.47       |
| 26 M   | 11:45                              | 8.24       | 63   | 23:59                            | 8.50       | 68   | 06:05                              | 2.07       | 18:26                            | 2.01       |
| 27 J   | 12:22                              | 8.67       | 74   | --:--                            | ---        | ---  | 06:47                              | 1.68       | 19:05                            | 1.69       |
| ○ 28 V | 00:35                              | 8.87       | 78   | 12:57                            | 8.97       | 83   | 07:26                              | 1.40       | 19:41                            | 1.46       |
| 29 S   | 01:10                              | 9.13       | 86   | 13:30                            | 9.18       | 89   | 08:03                              | 1.20       | 20:17                            | 1.30       |
| 30 D   | 01:44                              | 9.30       | 91   | 14:04                            | 9.30       | 93   | 08:37                              | 1.08       | 20:51                            | 1.21       |
| 31 L   | 02:18                              | 9.37       | 93   | 14:37                            | 9.34       | 93   | 09:09                              | 1.05       | 21:23                            | 1.21       |

● **PREMIER QUARTIER**  
First quarter moon  
Erste Nachbarschaft

● **NOUVELLE LUNE**  
New moon  
Neumond



# SEPTEMBRE

## SEPTEMBER/SEPTEMBER

| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 M    | 02:53                              | 9.32       | 91   | 15:12                            | 9.25       | 89   | 09:40                              | 1.15       | 21:56                            | 1.34       |
| 2 M    | 03:28                              | 9.13       | 85   | 15:47                            | 9.02       | 81   | 10:11                              | 1.39       | 22:30                            | 1.59       |
| 3 J    | 04:06                              | 8.78       | 75   | 16:25                            | 8.63       | 69   | 10:46                              | 1.77       | 23:10                            | 1.97       |
| ● 4 V  | 04:49                              | 8.27       | 62   | 17:11                            | 8.10       | 55   | 11:30                              | 2.27       | --:--                            | ---        |
| 5 S    | 05:44                              | 7.67       | 48   | 18:16                            | 7.52       | 43   | 00:03                              | 2.44       | 12:33                            | 2.80       |
| 6 D    | 07:06                              | 7.19       | 40   | 19:55                            | 7.27       | 41   | 01:17                              | 2.83       | 14:01                            | 3.09       |
| 7 L    | 09:01                              | 7.35       | 45   | 21:37                            | 7.71       | 52   | 02:55                              | 2.81       | 15:41                            | 2.81       |
| 8 M    | 10:20                              | 8.03       | 60   | 22:44                            | 8.41       | 68   | 04:27                              | 2.30       | 17:02                            | 2.19       |
| 9 M    | 11:16                              | 8.74       | 76   | 23:36                            | 9.03       | 83   | 05:41                              | 1.66       | 18:09                            | 1.60       |
| 10 J   | 12:03                              | 9.26       | 90   | --:--                            | ---        | ---  | 06:41                              | 1.16       | 19:02                            | 1.20       |
| ● 11 V | 00:20                              | 9.45       | 95   | 12:45                            | 9.55       | 98   | 07:30                              | 0.88       | 19:47                            | 1.00       |
| 12 S   | 01:01                              | 9.64       | 101  | 13:24                            | 9.64       | 102  | 08:11                              | 0.80       | 20:25                            | 0.96       |
| 13 D   | 01:38                              | 9.66       | 101  | 13:59                            | 9.60       | 100  | 08:46                              | 0.87       | 20:58                            | 1.04       |
| 14 L   | 02:13                              | 9.54       | 97   | 14:33                            | 9.44       | 93   | 09:15                              | 1.05       | 21:26                            | 1.23       |
| 15 M   | 02:46                              | 9.28       | 89   | 15:04                            | 9.15       | 83   | 09:41                              | 1.35       | 21:52                            | 1.53       |
| 16 M   | 03:18                              | 8.88       | 77   | 15:33                            | 8.74       | 70   | 10:05                              | 1.75       | 22:18                            | 1.92       |
| 17 J   | 03:47                              | 8.36       | 63   | 16:02                            | 8.22       | 56   | 10:31                              | 2.24       | 22:48                            | 2.40       |
| ● 18 V | 04:17                              | 7.76       | 49   | 16:33                            | 7.60       | 41   | 11:02                              | 2.81       | 23:25                            | 2.95       |
| 19 S   | 04:55                              | 7.09       | 35   | 17:19                            | 6.91       | 28   | 11:45                              | 3.41       | --:--                            | ---        |
| 20 D   | 06:06                              | 6.47       | 24   | 19:04                            | 6.41       | 22   | 00:18                              | 3.49       | 12:53                            | 3.91       |
| 21 L   | 08:12                              | 6.42       | 24   | 20:50                            | 6.65       | 29   | 01:49                              | 3.77       | 15:01                            | 3.87       |
| 22 M   | 09:35                              | 6.97       | 35   | 21:58                            | 7.29       | 42   | 03:43                              | 3.37       | 16:20                            | 3.20       |
| 23 M   | 10:29                              | 7.68       | 50   | 22:47                            | 7.99       | 57   | 04:44                              | 2.70       | 17:10                            | 2.51       |
| 24 J   | 11:11                              | 8.33       | 64   | 23:27                            | 8.59       | 71   | 05:31                              | 2.08       | 17:53                            | 1.95       |
| 25 V   | 11:49                              | 8.83       | 77   | --:--                            | ---        | ---  | 06:14                              | 1.61       | 18:33                            | 1.56       |
| ○ 26 S | 00:05                              | 9.03       | 82   | 12:25                            | 9.17       | 87   | 06:54                              | 1.30       | 19:12                            | 1.31       |
| 27 D   | 00:41                              | 9.32       | 92   | 13:01                            | 9.40       | 95   | 07:33                              | 1.10       | 19:50                            | 1.15       |
| 28 L   | 01:17                              | 9.50       | 97   | 13:35                            | 9.54       | 99   | 08:09                              | 1.00       | 20:26                            | 1.07       |
| 29 M   | 01:53                              | 9.58       | 99   | 14:11                            | 9.57       | 98   | 08:43                              | 1.00       | 21:00                            | 1.08       |
| 30 M   | 02:30                              | 9.52       | 96   | 14:48                            | 9.46       | 92   | 09:16                              | 1.14       | 21:35                            | 1.22       |

● **DERNIER QUARTIER**  
Last quarter moon  
Letztes Mondviertel

○ **PLEINE LUNE**  
Full moon  
Vollmond



# OCTOBRE

## OCTOBER/OKTOBER

| Date | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|      | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 J  | 03:08                              | 9.28       | 88   | 15:26                            | 9.15       | 82   | 09:50                              | 1.43       | 22:13                            | 1.52       |
| 2 V  | 03:49                              | 8.83       | 75   | 16:08                            | 8.64       | 68   | 10:29                              | 1.88       | 22:57                            | 1.98       |
| 3 S  | 04:36                              | 8.23       | 60   | 16:59                            | 8.00       | 53   | 11:19                              | 2.44       | 23:55                            | 2.50       |
| 4 D  | 05:37                              | 7.57       | 46   | 18:11                            | 7.41       | 41   | 12:29                              | 2.96       | --:--                            | ---        |
| 5 L  | 07:14                              | 7.20       | 40   | 20:00                            | 7.32       | 43   | 01:16                              | 2.86       | 14:03                            | 3.10       |
| 6 M  | 08:57                              | 7.56       | 48   | 21:27                            | 7.85       | 55   | 02:55                              | 2.73       | 15:39                            | 2.68       |
| 7 M  | 10:05                              | 8.23       | 62   | 22:27                            | 8.52       | 70   | 04:22                              | 2.16       | 16:54                            | 2.03       |
| 8 J  | 10:56                              | 8.85       | 77   | 23:15                            | 9.04       | 83   | 05:27                              | 1.58       | 17:52                            | 1.52       |
| 9 V  | 11:40                              | 9.27       | 87   | 23:57                            | 9.35       | 91   | 06:19                              | 1.21       | 18:39                            | 1.24       |
| 10 S | 12:19                              | 9.47       | 94   | --:--                            | ---        | ---  | 07:02                              | 1.07       | 19:18                            | 1.14       |
| 11 D | 00:35                              | 9.47       | 95   | 12:55                            | 9.51       | 95   | 07:38                              | 1.07       | 19:52                            | 1.14       |
| 12 L | 01:10                              | 9.46       | 95   | 13:28                            | 9.46       | 93   | 08:09                              | 1.15       | 20:23                            | 1.20       |
| 13 M | 01:43                              | 9.35       | 91   | 14:00                            | 9.32       | 88   | 08:38                              | 1.30       | 20:52                            | 1.34       |
| 14 M | 02:15                              | 9.13       | 83   | 14:31                            | 9.07       | 79   | 09:06                              | 1.54       | 21:21                            | 1.58       |
| 15 J | 02:47                              | 8.80       | 74   | 15:00                            | 8.71       | 68   | 09:33                              | 1.89       | 21:48                            | 1.93       |
| 16 V | 03:16                              | 8.36       | 62   | 15:29                            | 8.23       | 56   | 10:00                              | 2.33       | 22:17                            | 2.36       |
| 17 S | 03:47                              | 7.84       | 50   | 16:01                            | 7.68       | 43   | 10:31                              | 2.82       | 22:52                            | 2.84       |
| 18 D | 04:25                              | 7.28       | 37   | 16:45                            | 7.08       | 32   | 11:12                              | 3.33       | 23:40                            | 3.30       |
| 19 L | 05:24                              | 6.74       | 28   | 18:06                            | 6.59       | 25   | 12:12                              | 3.74       | --:--                            | ---        |
| 20 M | 07:19                              | 6.60       | 26   | 19:57                            | 6.71       | 29   | 00:56                              | 3.59       | 13:53                            | 3.79       |
| 21 M | 08:39                              | 7.02       | 34   | 21:05                            | 7.25       | 41   | 02:40                              | 3.40       | 15:25                            | 3.27       |
| 22 J | 09:38                              | 7.66       | 48   | 22:00                            | 7.91       | 55   | 03:53                              | 2.80       | 16:22                            | 2.60       |
| 23 V | 10:27                              | 8.30       | 62   | 22:46                            | 8.51       | 69   | 04:45                              | 2.18       | 17:10                            | 2.01       |
| 24 S | 10:50                              | 9.21       | 87   | 23:09                            | 9.32       | 92   | 05:16                              | 1.35       | 17:38                            | 1.30       |
| 25 D | 11:10                              | 8.82       | 76   | 23:29                            | 8.99       | 82   | 05:32                              | 1.69       | 17:55                            | 1.58       |
| 26 L | 11:29                              | 9.47       | 95   | 23:49                            | 9.54       | 98   | 05:59                              | 1.15       | 18:20                            | 1.12       |
| 27 M | 12:08                              | 9.64       | 99   | --:--                            | ---        | ---  | 06:39                              | 1.06       | 19:01                            | 1.02       |
| 28 M | 00:30                              | 9.63       | 100  | 12:48                            | 9.67       | 99   | 07:18                              | 1.07       | 19:41                            | 1.02       |
| 29 J | 01:11                              | 9.57       | 96   | 13:30                            | 9.53       | 93   | 07:57                              | 1.21       | 20:22                            | 1.16       |
| 30 V | 01:54                              | 9.32       | 88   | 14:13                            | 9.19       | 82   | 08:38                              | 1.50       | 21:06                            | 1.46       |
| 31 S | 02:41                              | 8.88       | 76   | 15:00                            | 8.68       | 69   | 09:25                              | 1.92       | 21:56                            | 1.89       |

 **PREMIER QUARTIER**  
First quarter moon  
Erste Nachbarschaft

 **NOUVELLE LUNE**  
New moon  
Neumond



# NOVEMBRE

## NOVEMBER/NOVEMBER

| Date   | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|--------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|        | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| ● 1 D  | 03:33                              | 8.31       | 62   | 15:57                            | 8.09       | 56   | 10:21                              | 2.40       | 22:58                            | 2.33       |
| 2 L    | 04:39                              | 7.77       | 51   | 17:11                            | 7.64       | 47   | 11:33                              | 2.76       | --:--                            | ---        |
| 3 M    | 06:06                              | 7.55       | 47   | 18:41                            | 7.59       | 48   | 00:15                              | 2.58       | 12:55                            | 2.80       |
| 4 M    | 07:29                              | 7.79       | 52   | 19:58                            | 7.93       | 56   | 01:38                              | 2.49       | 14:17                            | 2.49       |
| 5 J    | 08:34                              | 8.25       | 61   | 20:58                            | 8.39       | 66   | 02:55                              | 2.14       | 15:25                            | 2.05       |
| 6 V    | 09:27                              | 8.70       | 71   | 21:48                            | 8.76       | 75   | 03:56                              | 1.77       | 16:21                            | 1.71       |
| 7 S    | 10:11                              | 9.00       | 78   | 22:31                            | 8.98       | 81   | 04:46                              | 1.54       | 17:06                            | 1.51       |
| 8 D    | 10:51                              | 9.15       | 83   | 23:09                            | 9.08       | 84   | 05:27                              | 1.45       | 17:45                            | 1.43       |
| ● 9 L  | 11:27                              | 9.20       | 84   | 23:44                            | 9.09       | 84   | 06:02                              | 1.44       | 18:19                            | 1.39       |
| 10 M   | 12:00                              | 9.18       | 83   | --:--                            | ---        | ---  | 06:35                              | 1.47       | 18:52                            | 1.38       |
| 11 M   | 00:17                              | 9.04       | 82   | 12:32                            | 9.10       | 80   | 07:07                              | 1.55       | 19:26                            | 1.46       |
| 12 J   | 00:51                              | 8.92       | 77   | 13:04                            | 8.93       | 74   | 07:40                              | 1.71       | 19:57                            | 1.63       |
| 13 V   | 01:24                              | 8.70       | 71   | 13:37                            | 8.66       | 67   | 08:10                              | 1.98       | 20:27                            | 1.89       |
| 14 S   | 01:56                              | 8.39       | 63   | 14:09                            | 8.30       | 58   | 08:40                              | 2.29       | 20:58                            | 2.20       |
| 15 D   | 02:30                              | 8.02       | 54   | 14:43                            | 7.89       | 49   | 09:12                              | 2.64       | 21:33                            | 2.54       |
| 16 L   | 03:09                              | 7.62       | 45   | 15:27                            | 7.46       | 41   | 09:52                              | 2.98       | 22:17                            | 2.87       |
| ● 17 M | 04:00                              | 7.25       | 38   | 16:28                            | 7.10       | 35   | 10:44                              | 3.26       | 23:16                            | 3.11       |
| 18 M   | 05:16                              | 7.06       | 34   | 17:52                            | 7.03       | 35   | 11:55                              | 3.37       | --:--                            | ---        |
| 19 J   | 06:35                              | 7.22       | 37   | 19:04                            | 7.30       | 41   | 00:33                              | 3.11       | 13:15                            | 3.16       |
| 20 V   | 07:39                              | 7.63       | 46   | 20:05                            | 7.77       | 51   | 01:48                              | 2.81       | 14:24                            | 2.71       |
| 21 S   | 08:35                              | 8.14       | 57   | 21:00                            | 8.28       | 64   | 02:52                              | 2.36       | 15:22                            | 2.21       |
| 22 D   | 09:27                              | 8.63       | 70   | 21:51                            | 8.75       | 76   | 03:47                              | 1.92       | 16:15                            | 1.77       |
| 23 L   | 10:15                              | 9.05       | 81   | 22:39                            | 9.13       | 86   | 04:39                              | 1.57       | 17:05                            | 1.42       |
| ○ 24 M | 11:01                              | 9.37       | 90   | 23:26                            | 9.41       | 93   | 05:27                              | 1.33       | 17:54                            | 1.18       |
| 25 M   | 11:46                              | 9.58       | 96   | --:--                            | ---        | ---  | 06:15                              | 1.20       | 18:43                            | 1.02       |
| 26 J   | 00:12                              | 9.56       | 97   | 12:32                            | 9.66       | 97   | 07:02                              | 1.16       | 19:30                            | 0.96       |
| 27 V   | 00:59                              | 9.56       | 96   | 13:18                            | 9.57       | 94   | 07:49                              | 1.23       | 20:19                            | 1.04       |
| 28 S   | 01:47                              | 9.40       | 90   | 14:06                            | 9.32       | 86   | 08:38                              | 1.42       | 21:09                            | 1.24       |
| 29 D   | 02:37                              | 9.07       | 82   | 14:57                            | 8.93       | 76   | 09:30                              | 1.71       | 22:02                            | 1.55       |
| 30 L   | 03:30                              | 8.65       | 71   | 15:52                            | 8.48       | 66   | 10:25                              | 2.03       | 22:57                            | 1.88       |

● **DERNIER QUARTIER**  
Last quarter moon  
Letztes Mondviertel

○ **PLEINE LUNE**  
Full moon  
Vollmond



# DÉCEMBRE

## DECEMBER/DEZEMBER

| Date | Pleines mers<br>High tide / Flut   |            |      |                                  |            |      | Basses mers<br>Low tide / Ebben    |            |                                  |            |
|------|------------------------------------|------------|------|----------------------------------|------------|------|------------------------------------|------------|----------------------------------|------------|
|      | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Coef | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m | Coef | Matin<br>Morning<br>Morgen<br>h mn | Haut.<br>m | Soir<br>Evening<br>Abend<br>h mn | Haut.<br>m |
| 1 M  | 04:28                              | 8.24       | 62   | 16:54                            | 8.08       | 58   | 11:24                              | 2.30       | 23:56                            | 2.16       |
| 2 M  | 05:35                              | 7.96       | 55   | 18:04                            | 7.85       | 53   | 12:27                              | 2.46       | --:--                            | ---        |
| 3 J  | 06:45                              | 7.89       | 52   | 19:15                            | 7.83       | 53   | 01:00                              | 2.33       | 13:34                            | 2.47       |
| 4 V  | 07:52                              | 8.01       | 54   | 20:20                            | 7.98       | 57   | 02:08                              | 2.34       | 14:42                            | 2.34       |
| 5 S  | 08:51                              | 8.24       | 59   | 21:16                            | 8.20       | 62   | 03:13                              | 2.23       | 15:42                            | 2.14       |
| 6 D  | 09:41                              | 8.47       | 64   | 22:04                            | 8.40       | 66   | 04:07                              | 2.08       | 16:32                            | 1.94       |
| 7 L  | 10:25                              | 8.65       | 69   | 22:46                            | 8.55       | 70   | 04:52                              | 1.95       | 17:15                            | 1.78       |
| 8 M  | 11:03                              | 8.76       | 72   | 23:24                            | 8.66       | 73   | 05:32                              | 1.84       | 17:53                            | 1.65       |
| 9 M  | 11:39                              | 8.83       | 74   | --:--                            | ---        | ---  | 06:10                              | 1.77       | 18:30                            | 1.57       |
| 10 J | 00:00                              | 8.72       | 74   | 12:14                            | 8.85       | 74   | 06:46                              | 1.74       | 19:06                            | 1.54       |
| 11 V | 00:35                              | 8.74       | 73   | 12:48                            | 8.81       | 72   | 07:21                              | 1.79       | 19:41                            | 1.60       |
| 12 S | 01:10                              | 8.68       | 71   | 13:23                            | 8.70       | 69   | 07:55                              | 1.90       | 20:13                            | 1.72       |
| 13 D | 01:44                              | 8.54       | 67   | 13:57                            | 8.51       | 65   | 08:27                              | 2.06       | 20:46                            | 1.88       |
| 14 L | 02:19                              | 8.35       | 63   | 14:33                            | 8.27       | 60   | 09:00                              | 2.24       | 21:20                            | 2.08       |
| 15 M | 02:56                              | 8.12       | 57   | 15:12                            | 8.01       | 55   | 09:37                              | 2.44       | 21:59                            | 2.29       |
| 16 M | 03:38                              | 7.87       | 52   | 15:57                            | 7.75       | 49   | 10:20                              | 2.63       | 22:44                            | 2.49       |
| 17 J | 04:28                              | 7.67       | 47   | 16:52                            | 7.55       | 45   | 11:11                              | 2.79       | 23:39                            | 2.65       |
| 18 V | 05:28                              | 7.57       | 44   | 17:57                            | 7.49       | 44   | 12:13                              | 2.85       | --:--                            | ---        |
| 19 S | 06:34                              | 7.64       | 45   | 19:05                            | 7.63       | 48   | 00:43                              | 2.68       | 13:22                            | 2.75       |
| 20 D | 07:41                              | 7.89       | 51   | 20:13                            | 7.93       | 55   | 01:53                              | 2.55       | 14:32                            | 2.46       |
| 21 L | 08:45                              | 8.27       | 61   | 21:17                            | 8.35       | 66   | 03:02                              | 2.26       | 15:38                            | 2.06       |
| 22 M | 09:45                              | 8.70       | 72   | 22:17                            | 8.79       | 77   | 04:05                              | 1.91       | 16:38                            | 1.64       |
| 23 M | 10:41                              | 9.11       | 83   | 23:11                            | 9.18       | 87   | 05:03                              | 1.58       | 17:36                            | 1.29       |
| 24 J | 11:32                              | 9.43       | 91   | --:--                            | ---        | ---  | 05:59                              | 1.33       | 18:32                            | 1.02       |
| 25 V | 00:02                              | 9.46       | 95   | 12:22                            | 9.64       | 97   | 06:55                              | 1.17       | 19:28                            | 0.84       |
| 26 S | 00:52                              | 9.61       | 99   | 13:11                            | 9.70       | 99   | 07:49                              | 1.09       | 20:21                            | 0.77       |
| 27 D | 01:40                              | 9.59       | 98   | 13:59                            | 9.60       | 96   | 08:41                              | 1.11       | 21:10                            | 0.84       |
| 28 L | 02:28                              | 9.42       | 93   | 14:47                            | 9.34       | 89   | 09:29                              | 1.26       | 21:56                            | 1.07       |
| 29 M | 03:15                              | 9.10       | 84   | 15:34                            | 8.95       | 78   | 10:15                              | 1.52       | 22:40                            | 1.43       |
| 30 M | 04:03                              | 8.69       | 73   | 16:24                            | 8.48       | 67   | 10:59                              | 1.86       | 23:23                            | 1.86       |
| 31 J | 04:55                              | 8.26       | 61   | 17:18                            | 7.99       | 55   | 11:46                              | 2.23       | --:--                            | ---        |

☾ **PREMIER QUARTIER**  
First quarter moon  
Erste Nachbarschaft

● **NOUVELLE LUNE**  
New moon  
Neumond

☾ **DERNIER QUARTIER**  
Last quarter moon  
Letztes Mondviertel

☾ **PLEINE LUNE**  
Full moon  
Vollmond



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## En cas d'urgence :

In case of emergency / In dringenden Fällen

- **Société Nationale de Sauvetage en Mer de Dieppe : 02.35.82.74.68**
  - **CROSS Gris-Nez : 03.21.87.21.87**
- **Pompiers : 18, 112 ou 114 Samu : 15 Gendarmerie : 17**